**PSE Learner Journey**

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| **S3** | **Learning Intention** | **Success Criteria – learners will be able to;** | **Planned Homework activities** | **Ways to Support Learning at Home** | **Assessment** |
| **Healthy Relationships, Sexual Health and Parenthood** | Develop decision making skills in relation to Parenthood, sexual health and relationships | * Understand and explain the importance of and need for commitment, trust

and respect in a loving and sexual relationships including marriage. * Understand the body’s uniqueness and development sexually
* Develop decision making skills about relationships and sexual behaviour and apply these in situations that may be challenging or difficult
* Identify how attitudes, beliefs, values and morality about friendships, relationships and sexual behaviour can influence my decisions
* Make informed decisions and choices that promote wellbeing, and protect sexual health
* Have an understanding of

appropriate sexual behaviour* Access services, information, and support if sexual wellbeing is at risk
* Have an understanding of rights and responsibilities in relation to sexual health under the law
 |  | Discuss with pupils what they have been learning in class to develop open and honest communication. | * Classroom observation
* Peer and self-assessment
* Learning conversations
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| **Passport of Skills*** Working with Others
* Taking Responsibility
* Communication
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| **FIT** | Contribute to making my school community one which values individuals equally and is a welcoming place for all | * Demonstrate an understanding that people are different
* Examine stereotypes and homophobic bullying
* Use appropriate language in relation to diversity
* Understand perceptions about what it means to be gay
* Identify positive steps to ensure acceptance and equality for all.
 |  | Discuss with pupils what they have been learning in class to develop open and honest communication. | * Classroom observation
* Peer and self-assessment
* Learning conversations
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| **Passport of Skills** |
| * Taking Responsibility
* Communicating
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| **Drugs and Substance Misuse** | Make informed personal choices to promote a healthy lifestyle. | * Justifies the risk benefits of drugs to support health
* Evaluate the impact media and peer pressure on attitudes and behaviours
* Know and access local and national support services
* Demonstrate the skills and qualities needed to manage challenging situations including self- reliance and assertiveness
* explain the potential impact of short and long-term substance use on health and life including the health implications
 |  | Discuss with pupils what they have been learning in class to develop open and honest communication. | * Classroom observation
* Peer and self-assessment
* Learning conversations
 |
| **Passport of Skills** |
| * Communicating
* Working with Others
* Taking responsibility
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| **Homelessness and Domestic Abuse** | Develop my self awareness, self respect and respect for others in the community | * Explore the reasons for homelessness
* Make well informed choices about budgeting at home
* I am aware of my rights as a teenager and adult
* Access services, information, and support if at risk
* Demonstrate the skills needed to manage challenging situations in relationships within the home.
 |  | Discuss with pupils what they have been learning in class to develop open and honest communication | * observation
* Peer and self-assessment
* Learning conversations
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| Passport of Skills |
| * Communication
* Working with Others
* Managing planning and organising
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|  | **Learning Intention** | **Success Criteria – learners will be able to;** | **Planned Homework activities** | **Ways to Support Learning at Home** | **Assessment** |
| **Positive Mental Attitudes****Exam Stress and Study Skills****Work Experience** | The mental wellbeing of all in the school community is developed through a safe , caring and purposeful environment**Passport of Skills*** Working with Others
* Communication
* Taking responsibility
 | * Express their feelings and be able to talk about them
* Explain that we all experience a variety of thoughts and emotions that affect the way we feel and behave
* Develop coping skills and friendships which can surt me in times of change and loss
* Access services, and information, which can support mental health

Prepare an effective study plan* Identify study techniques
* Utilise stress management skills in preparation for assessments and exam
* Develop Career Management Skills to allow them to explore the world of work and job possibilities
* Identify strengths and skills
* engage in profiling that supports learning and the development of skills for work and future career choices;
* develop understanding of the responsibilities and duties placed on employers and employees;
* use Careers resources to access information and support making effective use of online sources such as My World of Work;
* further develop CMS through the involvement of SDS Career Advisers in group and individual sessions as appropriate

 to personal circumstances and needs |  | Discuss with pupils what they have been learning in class to develop open and honest communication.Discuss with pupils what they have been learning in class to develop open and honest communicationDiscuss with your child their ambitions and appropriate learning pathwaysLook with your child at online careers resources and databases | * Classroom observation
* Peer and self-assessment
* Learning conversations
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* Classroom observation
* Peer and self-assessment
* Learning conversations
 |
| I can make full use of and value the opportunities I am given to improve and manage my learning**Passport of Skills*** **Communication**
* **Planning and organising**

Pupils will be confident in planning their transition to a positive destination**Passport of Skills** |
| * Working with Other
* Planning and organising
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